







Name:	Problem solving
Goal:	To be able to express the problem they have in the right way, to learn how to solve it
Methods used:	Discussion, brainstorming, mini lesson, questions and answers.
Material:	Questions and answers Mini lesson: How to deal with the problem we are having
<p data-bbox="65 235 239 280">Procedure:</p>      	<p data-bbox="494 235 1085 280">1. Think about the problem you are having</p> <p data-bbox="494 280 989 324">Why do you think it is your problem?</p> <p data-bbox="494 324 798 369">How can you solve it?</p> <p data-bbox="494 369 782 414">Who could help you?</p> <p data-bbox="494 414 1005 459">How do you feel about your problem?</p> <ul data-bbox="542 459 1228 560" style="list-style-type: none"> <li data-bbox="542 459 1101 492">• <i>I'm angry when I break the agreement</i> <li data-bbox="542 492 1053 526">• <i>I'm happy when I go to the cinema</i> <li data-bbox="542 526 1228 560">• <i>It hurts me when you talk about me with others</i> <p data-bbox="494 560 1340 604">2. Speak in the first person singular when stating the problem:</p> <ul data-bbox="542 604 1117 761" style="list-style-type: none"> <li data-bbox="542 604 1085 638">• <i>I want to have a girlfriend/boyfriend</i> <li data-bbox="542 638 957 672">• <i>I want to go to the theater</i> <li data-bbox="542 672 1117 705">• <i>I need money and I want to work for it</i> <li data-bbox="542 705 925 761">• <i>I..... io... ja... ich... jac...</i> <p data-bbox="494 795 909 840">3. Ask other people for advice</p> <p data-bbox="494 840 1212 884">Who will you ask? Who are the people I have trust in?</p> <p data-bbox="494 884 1197 929">You don't always need to agree with others opinions.</p> <ul data-bbox="542 929 1516 1153" style="list-style-type: none"> <li data-bbox="542 929 1420 996">• <i>What do you think, will it help me learn how to type if I have a computer?</i> <li data-bbox="542 996 1516 1075">• <i>Will I be able to see a play in a theater, is there a place for people in a wheelchair?</i> <li data-bbox="542 1075 1500 1153">• <i>Can you recommend me a few jobs that I could work and how many hours per day would I be able to manage to work?</i> <p data-bbox="494 1153 957 1198">4. Be prepared for an agreement.</p> <p data-bbox="494 1198 1069 1243">Not only your wishes can be accomplished</p> <p data-bbox="494 1377 734 1422">5. Be responsible</p> <ul data-bbox="542 1422 1500 1534" style="list-style-type: none"> <li data-bbox="542 1422 1500 1534">• Think about the consequences of your decisions and be prepared to take responsibility for the consequences of your decisions and behavior. <p data-bbox="494 1579 957 1624">6. Be prepared to make mistakes</p> <ul data-bbox="542 1624 1516 1691" style="list-style-type: none"> <li data-bbox="542 1624 1516 1691">• Everyone has the right to make mistakes, you learn from them so the next time you can make a better decision.

Variation/addition	<p>The participants draw their left hand with spread fingers on the card using their right hand. In the middle of the drawn palm each player writes down his/her own problem. At the back of each "hand" everybody will write their name. Then all these "HANDS" will be exposed.</p> <p>The participants (or the facilitators) read the various problems and choose who they can help solve the problem, so that in one of the fingers they can write down their name (which means I can suggest a solution). 2 or 3 solutions for each problem are enough. The suggested solutions are explained with the help of the facilitators.</p> <p>When this is done, everyone takes their "HAND" and discusses how they now see the problem considering the solutions that they have been given.</p>
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